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Unoffendable: How Just One Change Can Make All Of Life Better

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Synopsis

Not entitled to get angry? Really? Itâ ™s a radical, provocative idea: Weâ ™re not entitled to get offended or stay angry. The idea of our own â œrighteous angerâ • is a myth. It is the number one problem in our societies today and, as Dallas Willard says, Christians have not been taught out of it. As it turns out, giving up our â œrightâ • to be offended can be one of the most freeing, healthy, simplifying, relaxing, refreshing, stress-relieving, encouraging things we can do.
InÂ UnoffendableÂ readers will find something of immeasurable valueâ ”a concrete, practical way to live life with less stress. Theyâ ™ll adjust their expectations to fit human nature and replace perpetual anger with refreshing humility and gratitude. The book offers a unique viewpoint, challenging the idea that Christians can ever harbor â œrighteous angerâ • or that there evenisÂ such a thing for believers. Few other books exist with such a radical, provocative proposal to consider. We have no right to anger. We are to get rid of it, period. Completely. And itÂ isÂ possible to choose to be â œunoffendable.â • Through the authorâ ™s winsome, humorous, and conversational style, this book doesnâ ™t add another thing to do on a stressed-out personâ ™s ever-growing list. Better, it actually seeks toÂ liftÂ religious burdens from readersâ ™ backs and allow them to experience the joy of gratitude, perhaps for the first time, every single day of their lives.

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Customer Reviews

Brant Hansen says that we have no right to be angry. Itâ ™s not our job to â œset people straightâ • or â œtake a stand:â •â œGod â ˆneedsâ ™ nothing. Quit trying to parent the whole world. Quit offering advice when exactly zero people asked for it. Quit being shocked when people donâ ™t share your morality....Quit thinking you need to â ˆdiscernâ ™ what othersâ ™ motives areâ |.Itâ ™s all so exhausting.â •Thereâ ™s no such thing, he writes, as â œrighteous anger.â • Our anger isnâ ™t righteous. To think that our anger is righteous is to assume that our beliefs and motives are always right, and the other personâ ™s are wrong.â œIf this is, in fact, what weâ ™re supposed to doâ ”experience â ˆrighteous angerâ ™ whenever weâ ™re made aware of one of Godâ ™s commands being brokenâ ”weâ ™ll be precisely what the world doesnâ ™t need and largely believes we already are: a bunch of uptight, seething hypocrites.â •Hansen is clear that heâ ™s not saying we should ignore injustice. But we should act against injustice, not get angry about it. And we should act out of love, not anger.â œWhat the world needs, I think youâ ™ll agree, is not a group of people patting themselves on the back for being angry. We need people who actually act to set things right.â •Hereâ ™s the great thing, according to Hansen. Choosing to not be offended will make our life better. Giving up our perceived right to anger will make us happier and healthier. And will probably make people take us more seriously. No one wants to be around an angry, judgmental person.Hansenâ ™s writing style is clear and simple. His book is expertly written. His logic is perfect. Heâ ™s funny. Heâ ™s not preachy or judgmental, even toward the judgmental. His book is excellent. And, I think, this sums it up:â œLove people where they are, and love them boldly. And if you really want to go crazy, like them too.â •I received a free copy of this book in exchange for an honest review.

If you just look at the title of Brant Hansen’s Unoffendable- How Just One Change Can Make All of Life Better, it appears to be another self help book designed to teach the reader how to develop a tough skin. That assumption couldn’t be further from the truth.I was fortunate enough to get an advanced copy of the book. It is written from a Christian point of view, but even skeptics will be able to get something out of this book and enjoy it in the process. Hansen isn’t preachy or teachy. He

doesn’t even come off as an expert on the subject. In fact, each page is laced with humility which is very appropriate for the subject matter because through the pages, we discover how important humility is in being unoffendable.Hansen chides those that want to cherry-pick scriptures justifying their anger and has a firm answer to them, but of course he does it without taking offense.The unoffendable message is given to the reader packed with humorous and heart touching stories told in Hansenâ ™s quirky, but charming way. He draws on Christian authors and artists and isnâ ™t shy about picking on evangelical culture, as much as he does himself.What I found out as I approached the end of the book was that Brant Hansen is right. I was not as prone to be offended in my daily life as I was before reading. Sure, I had times where the gut reaction of offense wanted to surface, but from reading the book being unoffendable wasn’t quite as difficult as it was before and will probably get even easier day by day unless I turn loose of the concept. I do not plan to do that because I prefer peace in my life rather than strife.I whole-heartedly recommend Unoffendable by Brant Hansen. Although it helped me a great deal, it doesnâ ™t come off as a self-help book. It is more like a memoir or an amusing conversation with an interesting friend at a coffee shop. It was so enjoyable that I was always ready for another cup.

I’m not really sure where to start with this review...This book was so challenging that I feel that I need to go through it again. Mind you, it wasn’t challenging on a readability level - it was actually a relatively "easy" read as far as the words go. It’s the concept that challenged me...I have no right to get offended, no right to "righteous" anger? That’s not an easy concept to grasp.From the dedication (To all those who want grace for themselves, but struggle to extend it to others. Wait: that’s everybody), to the very end, Hansen points out that it’s not my "job" to fret over what everyone else is doing wrong; I am not in control. It calls me to let go of the idea that I have any control over people, places and situations, because I don’t. In chapter 2, he says, "Being offended is a tiring business. Letting go gives you energy.", and "I can let stuff go because it’s not all about me. Simply reminding myself to refuse to take offense is a big part of the battle." And he’s right...Since finishing the book, I now make a concerted effort to stop and remind myself that it’s truly not about me. When someone cuts me off in traffic...well, I’ve undoubtedly done the same thing or worse. Through this book, I am working on not being surprised or upset at other’s failures, as well as my own. It’s freeing me to love people (and myself) just as we are.Brant backs up his book clearly with scripture in an easily understood way. He uses personal experiences and shares his struggles which makes the book real. Even though it’s challenging on a spiritual, personal level, it’s written in a fun way. If you have ever listened to Brant Hansen on the radio, you know that he has a somewhat "warped" sense

of humor, and you never really know what he might say next. It's the same in the book. He makes this concept a bit easier to digest because you know he is right there with you.

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